



QMC – Kahi Mohala Residential Packing List

QMC – Kahi Mohala requests that youth come prepared with the following items on admission. Clothing should be sent as soon as possible for youth transitioning directly from an acute or emergency placement. Items may be dropped off at our front desk or mailed to:

QMC – Kahi Mohala, [Youth's Name]
91-2301 Old Fort Weaver Road
Ewa Beach, HI 96706

Packing List Guidelines

- Search upon arrival: All items will be checked for safety.
- Storage: Limit to 1 storage bin per youth – no excessive items.
- Valuables: Leave expensive items at home – damage or loss is possible.
- Electronics: Not allowed (except school-issued laptops).
- Prohibited materials: No drawstrings, shoelaces, belts, chains, wires, etc.
- Charging cords for approved electronics will be stored in bins.
- Clothing: Must be modest, comfortable, and in good condition.
- No skirts, dresses, crop tops, or see-through clothing
- No holes, rips, or inappropriate graphics (violence, drugs, etc.)

Youth are encouraged to bring the following **clothing items**:

- 7 sets of clothing (examples: casual shirts, jeans/pants, mid-thigh length shorts, exercise/gym clothing)
- 7 pairs of socks
- 7 sets of undergarments (underwear and bras/sport bras) without underwire
- 1-2 pairs of slippers or comfortable sandals
- 1 pair of athletic shoes (slip-on preferred, shoelaces no longer than 18", "no-tie" laces available)
- 3 sets of comfortable sleeping clothes
- 1 sweater/jacket (drawstrings will be removed)
- 1 swimsuit (one piece, board shorts), shorts/t-shirts must be worn over swimwear
- Contact lenses and/or glasses (if applicable)

Continued on the back



Youth may bring the following **personal toiletries** (essential hygiene items are provided):

- Shampoo
- Conditioner
- Hair product (no aerosol cans)
- Body wash/bar of soap
- Deodorant
- Face wash
- Brush/comb
- Toothbrush/toothpaste
- Lip balm
- Lotion

Supervision and approval by QMC – Kahi Mohala physician required:

- Nail clippers / nail file
- Prescription hygiene products
- Electric shaver (for use on face only)
- Nair (for use on legs only).

Youth may bring the following **personal items**:

- 1 stuffed animal
- 1 pillow
- 1 personal blanket
- 1 deck of cards
- 1-3 paperback book(s)
- Stamps, envelopes
- Photos – of family and/or friends
- Noise cancelling headphones
- Driver's licenses or other form of identification (if applicable)
- Items that can be earned through the Level System:
 - 1-2 pieces of jewelry (necklaces, bracelets, rings, earrings, watch)
 - 1-2 pieces of makeup

Mahalo for your assistance,
QMC – Kahi Mohala Admissions Team